

**THE DESCRIPTION OF KNOWLEDGE OF URIC ACID PATIENTS TO REDUCE
URIC ACID LEVELS IN KERTASEMAYA HEALTH CENTER
OF INDRAMAYU DISTRICT YEAR 2018**

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Abstract

Background: Uric acid is the result of metabolism in the body whose levels should not be excessive. Uric acid appears as a recurrent inflammation of the joints, symptoms of uric acid attack are swelling, redness, severe pain, heat and movement disorders. Uric acid can be prevented with good knowledge about procedures for reducing uric acid levels. The purpose of the study is to determine the description of uric acid sufferers' knowledge in an effort to reduce uric acid levels in the Kertasemaya Health Center, Indramayu Regency in 2018. **Subjects and Methods:** The research is a quantitative research with a descriptive approach. The population in this study were patients diagnosed with uric acid in the work area of Kertasemaya Health Center. Sampling is done by using a purposive sampling technique of 104 respondents. Research instruments using questionnaires and data analysis used are univariate analysis. **Result:** The results shows of the 104 respondents, the percentage of respondents was the most at the age of ≤ 55 years, namely 52.8% (55 respondents), more women who suffered from urid acid than men as much as 70.2% (73 responders), percentage the education of respondents at most Elementary Schools is 66.3 (69 respondents) and respondents who have good knowledge are more compared to respondents who have enough and less knowledge that is 71.4% (75 respondents). **Conclusion:** The conclusion of the study is that more uric acid sufferers in the work area of Kertasemaya health center have good knowledge.

Keyword: Knowledge, Uric Acid

