

AVAILABILITY IN PUSBILA PROGRAMS WITH ELDERLY PHYSICAL HEALTH STATUS

Jajuk Kusumawaty¹, Nur Hidayat², Risa Meinatria³

STIKes Muhammadiyah Ciamis

jajuk09@yahoo.com

Abstract

Background: As life expectancy increases, the number of elderly people increases. In western Java, the elderly population in 2010 reached 3.440.000 people then in 2012 increased to 7,759,207 inhabitants. Elderly development center is a realization of the implementation of development program of Government policy through health service for elderly, in an effort to increase health level optimally. **Purpose:** This study aims to determine the association of pusbila program with physical health status of the elderly. **Method:** This research is a quantitative research with retrospective cohort approach using accidental sampling technique, with 45 samples. The study was conducted on May 4, 2018. The research instrument used documentation processed by chi-square test using SPSS. **Result:** The result of statistical test shows: 1) Relationship of blood pressure examination with physical health status of elderly obtained p value = 0,000; 2) Relationship of BMI examination with physical health status of elderly obtained p value = 0,003. **Conclusions:** Blood pressure and BMI have a significant relationship with elderly physical health status (p value <0.05)

Keyword: Program Of Elderly Development Center, Elderly, Blood Pressure, B

