

**EFFECT OF LAVENDER AROMATHERAPY ON THE SCALE OF PAIN  
AMONG POST CAESAREAN SECTION PATIENTS IN WALET  
WARD OF CIDERES DISTRICT GENERAL HOSPITAL**

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**Abstract**

The Labor is a process of expenditure of conception results that can live outside the uterus through the vagina to the outside world. Labor can be done by normal delivery method and cesarean delivery surgery. Pain is a common complaint in postoperative patients section caesarea. One of the non-pharmacological treatments that can be given to reduce the pain is Lavender aromatherapy. The purpose of the study was to determine the effect of lavender aromatherapy on the scale of pain on postoperative patients section caesarea at Cideres Hospital. This research was a quantitative research with pre experimental design and one group pre test and post test approach that conducted on April until May 2018. Respondents were selected with non probability technique in the form of quota sampling with 15 respondents. The data were analyzed by Wilcoxon test. The results of the Wilcoxon test analysis showed that the average before being given the aroma of lavender therapy was 5.13 and the average result after being given the aroma of lavender therapy was 4.33. Bivariate results obtained  $p = 0.001$ . So it shows that there is a significant effect between before and after being given the aroma of lavender therapy in patients post Surgery Section Caesarea. The Lavender aromatherapy treatment had an effect to reduce the pain on postoperative patients section caesarea. Nurses are expected to make intervention in this research as one of the interventions in the hospital. For the next researchers can use the control group as a comparison and can take more of samples.

*Keyword: Lavender Aromatherapy, Pain, Post Operation Sectio Caesarea*

